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Is Your Doctor Following the Guidelines? An Innovative New Book Can Help You Find Out

What happens when a doctor doesn't follow official, time-tested guidelines put forth by organizations like the American Heart Association and the American Cancer Society? Some experts believe this practice could put one's health in danger. Author and pharmacist Christi Larson, Pharm. D., answers this question and more in the new book **Empowered Medicine**; *A comprehensive summary of the most common chronic conditions and their official treatment guidelines.* (Smart Leaf Press, \$14.95).

Empowered Medicine takes the official guidelines for the top chronic conditions and translates them into terms we can all understand. It also highlights instances where by prescribing certain medications in certain circumstances, doctors can actually decrease patients' risk for complications and even death. Empowered Medicine is the new home reference no home library should be without.

